

MENTAL HEALTH MATTERS OF GREEN COUNTY

# MENTAL HEALTH HELP

YOU  
ARE  
NOT  
ALONE

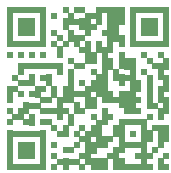


**IMMEDIATE  
PHYSICAL DANGER?**

**CALL 911** AND REQUEST A CIT OR  
MENTAL HEALTH OFFICER

**EXPERIENCING A  
MENTAL HEALTH CRISIS?**

**CALL OR TEXT 988**



ONLINE &  
NEARBY

**SUPPORT AFTER  
LOSING A LOVED ONE  
TO SUICIDE**

**[greencohcc.org/mhm](http://greencohcc.org/mhm)**



**FREE MENTAL HEALTH  
RESOURCES, SUPPORT  
LINES, SUPPORT GROUPS**

**[greencohcc.org/mhm](http://greencohcc.org/mhm)**

**HELP SPREAD THE WORD**  
Find a copy of this flyer  
for your workplace or  
organization at  
**[greencohcc.org/mhm](http://greencohcc.org/mhm)**

GREEN COUNTY



MENTAL HEALTH MATTERS  
Turning Awareness into Action



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A subcommittee of the



Green County  
Healthy Community  
Coalition

[greencohcc.org/mhm](http://greencohcc.org/mhm)